

CURRICULUM VITAE

دکتر محمد حسین شریفی
 هیات علمی رسمی دانشگاه علوم پزشکی
 شیراز - مرکز تحقیقات طب سنتی و تاریخ
 پزشکی

Personal Background

- **First name:** Mohammad Hossein
- **Last name:** Sharifi
- **Date of Birth:** 7.1.1971,
- **Place of Birth:** Shiraz
- **Nationality:** Iranian
- **Sex:** Male
- **Marital Status:** Married
- **Children:** 2 sons
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Previous and Current Position

- Faculty member of Research Center for Traditional Medicine and History of Medicine.
- Member of **Fars pregnant Cohort Studies** , Shiraz University of Medical Sciences, **2017**
- Execute **manager of health education and promotion** of vice canceller for health, Shiraz University of Medical Sciences, 2002-2012
- Execute **manager of health voluntary** of vice canceller for health, Shiraz University of Medical Sciences, 2002-2012
- Execute **manager of health week campaign** , Shiraz University of Medical Sciences, 2004-2008
- **Director of health center in Arsangan city.** Shiraz University of Medical Sciences, 1998-2002
- Execute manager of **national food security project**, Arsangan city, Shiraz University of Medical Sciences, 1999-2002
- Member of **strategic planning province Committee** , Shiraz University of Medical Sciences , 2003
- Member of **health education and promotion national Committee**, 2002-2012
- Execute **manager of HSR Committee** , Shiraz University of Medical Sciences , 2002-2004
- Member of Substance Abuse Prevention Committee of Fars Province , 2004-2005
- Physician in local health center , Ghavkhoshak health center, Kazeron city, Shiraz University of Medical Sciences, 1998

Education

- 2011 - 2117: **Ph.D. of nutrition**, Shiraz University of Medical Sciences
- 2003 - 2007: **Master of Public Health (MPH)**, Shiraz University of Medical Sciences
- 1990 - 1996: **Medical Doctor(MD)**, Shiraz University of Medical Sciences
- Course of International Computer Driving License (**ICDL**), Shiraz University of Medical Sciences
- Course of **English writing**, Shiraz University of Medical Sciences
- Course of total quality management(**TQM**) , Shiraz University of Medical Sciences
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Certifications

- Educational Workshops: (With Certification since 1999)
 - **General Courses 2218 hours**
 - **Special Courses 336 hours**
 - **Manager Courses 108 hours**

Foreign Language: English

- ILETS Certification, Score 5.5
- Attendant in course of Fakher English Center, 10 terms, Shiraz, Iran

Thesis

- **Title of Thesis (Ph.D.):** Evaluation of effects of combined of supplement with carnitine and coenzyme Q10, versus therapeutic lifestyle changes (TLC Diet) diet on cardiovascular risk factors, function and quality of life after angioplasty in patient with experience of myocardial infarction, **Thesis Score: 19.77**
- **Title of Thesis (MPH):** Assessment of salt and Iron in beard and comparing with WHO standard in Shiraz. **Thesis Score: 19.**
- **Title of Thesis(MD):**Review of anti-helicobacter strategy guide in peptic ulcer disease, **Thesis Score: 18.5**

Honors and Awards

- **1st Honor Ph.D. student** in **educational and research assessment** in all PhD students in nutrition school, Shiraz University of Medical Sciences, 2016
- Awarded as **Annual Best staff**, Shiraz University of Medical Sciences, 2004
- Awarded as **Annual Best staff**, Shiraz University of Medical Sciences, 2008

- Awarded as the **top national external evaluation of health media**, Shiraz, Iran, 2004 (Collaborate with Others)
- Awarded as the **top national need assessment program**, Shiraz, Iran, 2006 (Collaborate with Others)
- Awarded as the **best health campaign project**, Shiraz, Iran, 2009 (Collaborate with Others)
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- **2 Acceptation of suggestion (national level)** in suggestion Committee, Shiraz University of Medical Sciences, 2002-20010 (Collaborate with Others)
- **7 Acceptation of suggestion (province level)** in suggestion Committee, Shiraz University of Medical Sciences, 2002-20010 (Collaborate with Others)

▪ Activity & Teaching

- 218-2020- nutrition epidemiology, school of medicine , Shiraz University of Medical Sciences
- 217-2020 ,Basic nutrition for medical student, school of medicine , Shiraz University of Medical Sciences
- 2014: Basic nutrition for health student, school of heath, Shiraz University of Medical Sciences.
- 2002- 20012 Practical effective health education in community for medical student and assistant in vice canceller for health, Shiraz University of Medical Sciences.
- 2011: Workshop on heath campaign and create message, Shiraz University of Medical Sciences.
- 2011: workshop on health education basis of models, Shiraz University of Medical Sciences.
- 2011:Workshopon principle of clinical governmental.
- 2005: workshop on principle of total quality management.

▪ Publication

A.Papers

1. Sharifi MH, Eftekhari MH, Ostovan MA, Rezaianazadeh A. Effects of Therapeutic Lifestyle Change Diet and Q10 Plus L-Carnitine Supplementation on Inflammatory Biomarkers of In-Stent Restenosis, Lipid Profile, and Left Ventricular Ejection Fraction in Myocardial Infarction: A Randomized Clinical Trial. Iranian Red Crescent Medical Journal. 2017;19(4).
2. Sharifi MH, Eftekhari MH, Ostovan MA, Rezaianazadeh A. Effects of a therapeutic lifestyle change diet and supplementation with Q10 plus L-carnitine on quality of life in patients with myocardial infarction: A randomized clinical trial. Journal of cardiovascular and thoracic research. 2017;9(1):21.
3. Sharifi MH, Eftekhari MH, Behrouz B. Vegetarian and Western Diets in Islam. EUROPE -REVUE ITTERRAIRE MENSUELLE. 2016:532-5.
4. Gharghani ZG, Hazavehei SMM, Sharifi MH, Nazari M. Study of cigarette smoking status using extended parallel process model (EPPM) among secondary school male students in Shiraz city. Jundishapur Journal of Health Sciences. 2010;2(2):26-36.
5. Association of Vitamin D with Diet Quality, Sun Exposure, Physical Activity, Sociodemographic and Anthropometrics Indices, International Journal of Nutrition Sciences, 2017;2(2):73-79
6. Alireza Mirahmadizadeh, Haniyeh Khorshidsavar, Mozghan Seif, Mohammad Hossein Sharifi. Adherence to Medication, Diet and Physical Activity and the Associated Factors Amongst Patients with Type 2 Diabetes. Diabetes Therapy, 2020/2/1

7. Jafar Abolghasemi, Mohammad Hossein Sharifi, Khadijeh Nasiri, Abolfazl Akbari, Thyme oxymel by improving of inflammation, oxidative stress, dyslipidemia and homeostasis of some trace elements ameliorates obesity induced by high-fructose/fat diet in male rat, *Biomedicine & Pharmacotherapy*, 2020/6/1

8. Naghmeh Yazdi, Alireza Salehi, Mina Vojoud, Mohammad Hossein Sharifi, Ayda Hoseinkhani, Use of complementary and alternative medicine in pregnant women: A cross-sectional survey in the south of Iran, *Journal of Integrative Medicine*, 2019/11/1

9. Maede Ruyvaran, Alireza Salehi, Ebrahim Fallahzadeh, Mina Vojoud, Mohammad Hossein Sharifi, Alireza Mohamadian, Traditional and Complementary Medicines usages and the associated factors in gastrointestinal outpatients in Shiraz, Iran, *Advances in Integrative Medicine*, 2020/10/7

10. Jafar Abolghasemi, Mohammad Ali Farboodniay Jahromi, Mohammad Hossein Sharifi, Zohreh Mazloom, Leila Hosseini, Nasrindokht Zamani, Majid Nimrouzi, Effects of Zataria oxymel on obesity, insulin resistance and lipid profile: A randomized, controlled, triple-blind trial, *Journal of Integrative Medicine*, 2020/9/1

11. Parisa Keshani, Mohammad Hossein Sharifi, Mohammad Reza Heydari, Hassan Joulaei, The Effect of Genetically Modified Food on Infertility Indices: A Systematic Review Study, *The Scientific World Journal*, 2020/8/31

12. Alireza Salehi, Hourieh Afsharipur, Hossein Molavi Vardanjani, Mina Vojoud, Leila Bazrafkan, Mohammad Hossein Sharifi, Medical students' knowledge and attitudes toward history of medicine, *Journal of Medical Ethics and History of Medicine*, 2020

• Ongoing research Projects

1. A practical approach to adolescent obesity treatment and maintenance, suggestion: AIM model, review of current studies **(In review)**
2. The association between Diet Quality Index-International (DQI-I) and coronary heart disease risk factors among myocardial infarction patients **(In review)**
3. Validation and reliability of warfarin questionnaire in Iran **(In writing)**
4. Evaluation of dietary sport supplement use, sources of information, and dietary intakes among bodybuilding athletes in Shiraz **(In writing)**
5. Evaluation of using steroid and dietary intakes among bodybuilding athletes in Shiraz **(In writing)**
6. The assessment of stress, anxiety, and depression among myocardial infarction patients **(In writing)**

7.

• Books

1. Modern nutrition in health and disease **(Translation)**

• Presentation

A. Oral

1. "What are standards of dietary supplementation in burn disease", International Conference in burn , Tehran, 2014
2. . **Quality of diet in diabetes patient**", Local Conference in diabetes care, 2015, Shiraz, Iran
3. **What are appropriate diet post ischemic heart disease?** International Conference in cardiovascular disease, 2017, Kish, Iran

4. **4-** Nutrition and Supplement therapy in pregnancy. International perinatology conger, 2019

B. Posters

1. Lifestyle and dietary habit in myocardial infarction, International Conference in nutrition,2016
2. The effect of dietary factor on risk of metabolic syndrome, International Conference in cardiovascular disease,2012
3. Nutrition treatment in cardiac rehabilitation, international Conference in cardiovascular disease,2012
4. Evaluation of physical access to food groups through grocery stores in the Arsangan villages, national Conference in nutrition,1998
5. A Survey on Knowledge, Attitude and Practice of Use of Iodized Salt stores in the Arsangan villages, national Conference in nutrition, 2000
6. Evaluation of volunteer driving certificate and traffic department personnel knowledge about aid to road traffic injured, International Conference in accident, 2007
7. Evaluation of knowledge, attitude ,and practice about iodine salt intake household in Arsangan city,2004

▪ Interesting

- **Nutrition in cardiovascular disease**
- **Nutrition in diabetes**
- **Nutrition in obesity**
- **Community nutrition**
- **Nutrition in Islam and Traditional medicine**